

GERMANTOWN HOME

Implementation Plan for Reopening In Accordance with the Pennsylvania Department of Health's Interim Guidance for Skilled Nursing Facilities During COVID-19

FACILITY INFORMATION	
Germantown Home	
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Philadelphia	PA 19119
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DATE AND STEP OF REOPENING
<p>Germantown Home follows a 3 step approach of reopening per the Pennsylvania Department of Health (DOH) and CMS guidelines. The “steps” were developed to carefully allow nursing homes to resume communal dining, activities, volunteers, non-essential personnel, visitors and outings in a measured approach. The steps strike a balance between protecting residents’ physical health (through incrementally reopening when it is safe) with their mental health (that necessitates visitation and communal activities). Step 1: completion of a reopening plan; Step 2: reopening plan in place plus 14 consecutive days of no new facility onset of COVID-19 cases, completion of universal testing for all residents and staff and completion of DOH onsite survey; Step3: resuming communal dining, activities, volunteers, non-essential personnel, visitors and outings in a measured approach.</p> <p>Germantown Home’s plan to reopen is tentatively at Step 2 on August 17, 2020.</p> <p>The guidance indicates that if at any point during Step 1, 2, or 3 there is a new facility onset of COVID-19 cases, the facility must cease reopening.</p>

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING
<p>DATE RANGE FOR THE BASELINE UNIVERSAL TEST ADMINISTERED TO STAFF AND RESIDENTS(BETWEEN MAY 24, 2020 AND JULY 24, 2020)IN ACCORDANCE WITH THE JUNE 8, 2020, ORDER OF THE SECRETARY OF HEALTH</p> <p>6/10/2020 to 7/24/2020</p>
<p>Germantown Home works closely with the City Department of Public Health in order to ensure the capacity to administer COVID-19 diagnostic tests to all residents showing symptoms of COVID-19 and to do so within 24 hours.</p>
<p>In the case of an outbreak, Germantown Home is prepared to work closely with the City Department of Public Health to ensure the capacity to administer COVID-19 diagnostic tests to all residents and staff.</p>
<p>Germantown Home works closely with the City Department of Public Health to ensure the capacity to administer COVID-19 diagnostic tests to all staff including asymptomatic staff.</p>

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING

The facility's testing plan includes protocols for addressing needed testing for non-essential staff and volunteers.

The facility's testing plan includes protocols for addressing residents and staff that decline or are unable to be tested.

The facility has designated a wing on the second floor as a COVID-19 unit.

The facility has a plan in place to ensure adequate supply of personal protective equipment (PPE) for staff, residents and visitors including cloth gowns, disposable gowns, gloves, face shields, N-95 masks and surgical masks.

Germantown Home continues to maintain adequate staffing to ensure that our residents continue to receive exceptional care. Our plan prevents the facility from experiencing staffing shortages and the need to use a contingency staffing plan. The inter-disciplinary team includes onsite Medical Director and Nurse Practitioner, DON, ADON, Unit Managers, RN Supervisors, Wound Nurse, Infection Prevention Specialist, Nurse Educator, well trained and compassionate practical nurses and nurse aides, dedicated and fun loving Therapeutic Recreation staff, social workers, behavior health specialist, and a well staffed Rehab Department.

In case the Philadelphia county is reverted to a red phase of the Governor's reopening plan, Germantown is prepared to implement its plan to halt the reopening of the facility and go back to restricting visitations, communal dining and activities.

SCREENING PROTOCOLS

Residents are screened daily for signs and symptoms of infection including respiratory surveillance, fever, vital signs.

Staff are screened daily upon entering the building. Temperatures are taken and questionnaires are completed and signed by each staff member upon entering the building.

Healthcare personnel, non-essential personnel, visitors and volunteers follow the same screening protocols as staff.

COMMUNAL DINING FOR RESIDENTS UNEXPOSED TO COVID-19

The facility will follow its current meal schedule with appropriate adjustments to be made as needed should staggering of meal times become necessary.

Communal dining for residents who are not exposed to COVID-19 will take place in the designated dining rooms on all floors with appropriate social distancing and infection control protocols in place. The tables in all dining rooms are arranged in a fashion that allows one resident at a table at a time to ensure appropriate social distancing. Sufficient PPEs, hand sanitizing and other cleaning supplies are available in every dining area.

ACTIVITIES AND OUTINGS

During Step 1, the facility will implement socially distanced dining with tables spaced appropriately in dining rooms with infection control measures in place to ensure appropriate sanitation. Recreational activities will be limited to 5 residents with social distancing, masks, hand sanitizing and other infection control measures in place.

During step 2, ten or less residents unexposed to COVID-19 or recovered from COVID-19 can participate in activities following social distancing and infection control protocols. Universal masking is required.

During step 3, activities may be conducted with residents unexposed to or recovered from COVID-19. Social distancing, hand hygiene, and universal masking are required. During step 3, the facility may also implement outings for residents who are unexposed to COVID-19 or have recovered from COVID-19. Social distancing, PPEs and other appropriate infection control measures will be put in place to ensure residents' safety.

NON-ESSENTIAL PERSONNEL

At step 2, a limited number of non-essential personnel are allowed as determined necessary by the facility, with screening and additional precautions including social distancing, hand hygiene, and universal masking. At step 3, non-essential personnel are allowed with screening and additional infection control precautions. Non-essential personnel will not have access to residents who are COVID-19 positive at steps 2 and 3.

VISITATION PLAN

Visitation hours are daily 10am-8pm. Each visit will initially be limited to 15-30 minutes to allow the facility to accommodate as many visits as possible and to establish a smooth process. Visitations will occur on a first call first serve basis. Families can call their loved one's respective unit to schedule a visit. Face Time visitation options will continue. Visitors must wear masks.

The facility will ensure that visitation areas are sanitized between each visit.

The facility suggests limiting the number of visitors per resident to 2-3 in order to maintain proper social distancing and infection control.

STEP 2

The facility has established a system to determine a list of residents who can safely accept visitors at step 2. The list will be reviewed and revised frequently and as needed. Only residents who are not exposed to COVID-19 and residents who have recovered from COVID-19 will be allowed to accept visitors at step 3.

At step 2, outdoor visitation (weather permitting) is allowed on the patio by the Rehab and TR departments. Outdoor visits will be limited to 2-3 different families per time slot to allow for proper social distancing on the patio. If weather does not permit outdoor visitation, indoor visitation is allowed in the TR department area (limit 2 different families per time slot). Visitation is limited to residents unexposed to or recovered from COVID-19. Six-foot distance will be

VISITATION PLAN

	<p>maintained between resident and visitor(s) during outdoor visits.</p>
	<p>Clearly defined and marked six-foot distance will be maintained between the resident and the visitor(s) during indoor visits. Visitors and residents must wear masks.</p>
STEP 3	<p>The facility has established a system to determine a list of residents who can safely accept visitors at step 3. The list will be reviewed and revised frequently and as needed. Only residents who are not exposed to COVID-19 and residents who have recovered from COVID-19 will be allowed to accept visitors at step 3.</p>
	<p>Outdoor visitation and Face Time will also be available at step 3. The facility has designated the patio outside of the Rehab and TR departments for outdoor visitation.</p>
	<p>6-foot distance markings on the pavement ensure a clearly defined six-foot distance between visitors and residents.</p>
	<p>For indoor visitation, the facility has designated the TR area on the ground floor. Clearly defined six-foot markings reinforce social distancing. The facility will ensure that visitation areas are sanitized between each visit.</p>
	<p>If transporting residents to the designated visitation area is not feasible, the facility will allow up to two family members to visit the resident for 15-20 minutes. The visitors will be screened upon entering the facility, their temperature will be taken, and questionnaires will be completed per protocol. The facility will provide appropriate PPE to visitors per protocol (gown, mask, gloves, hand sanitizers).</p>

VOLUNTEERS

Germantown Home volunteers must follow facility's infection control precautions and protocols per COVID-19 policy and procedures. The facility will ensure that volunteers do not come into contact with residents exposed to COVID-19. At step 2, volunteers are allowed only for the purpose of assisting with visitation protocols and may only conduct volunteer duties with residents unexposed to COVID-19. Screening, social distancing, and additional precautions including hand hygiene and universal masking are required. At step 2, volunteers are allowed but may only conduct volunteer activities with residents unexposed to COVID-19.

