

Weekly Zoom Classes

Zoom is very easy to use with several ways that you can access it:

- If you have a computer, you can access Zoom. You can be seen on your smartphone, tablet or computer screen with other class participants.
- If you have a smartphone, computer or tablet you can download the Zoom App or visit www.zoom.us and click "Join a Meeting"
- If you do not have a computer, tablet or smartphone, there will be a phone number for you to call with an access code to enter to join the class.

MONDAY-FRIDAY

LET'S TALK • 10:30-11:30AM

Do you have center questions or just want to chat? Please log onto Zoom or call in. If you have any questions please contact the center at 215-546-5879.

Zoom Meeting ID: 897 5553 3856

Phone Call In #: 1-301-715-8592

Zoom Employee Call Schedule: MON: Edwina | TUES: Kenya
WED: Shareeda | THURS: Julie | FRI: Julie

MONDAYS

FRENCH CLASS • 2-3PM

Meeting ID#: 812 7924 9091

Phone Call In #: 1-929-205-6099

TUESDAYS

CHAIR YOGA • 1-2PM

Meeting ID#: 275 166 4679

Password: TFLFIT

Phone Call In #: 1-646-558-8656

WEDNESDAYS

ZUMBA • 12:30-1:30PM

Meeting ID#: 275 166 4679

Password: TFLFIT

Phone Call In #: 1-646-558-8656

THURSDAYS

STORYTELLING & WRITING CLASS • 12:45-2PM

Meeting ID#: 861 2259 2944

Password: 783204

Phone Call In #: 301-715-8592

FRIDAYS

BIBLE STUDY • 10-11AM

Phone Call In #: 617-769-8590

(NO ACCESS CODE)

WALLPAPER WORKSHOP (THRU JAN. 29) • 1-2PM

Meeting ID#: 858 6692 1661

Phone Call In #: 301-715-8592

SPECIAL JANUARY EVENTS

EATING WITH DIABETES

with Aja Chavis - InnovAge

TUESDAY, JANUARY 5 • 11:30AM-12PM

Meeting ID #: 856 2131 6008

Phone Call In #: 1-301-715-8592

Take back your Health Divine Resources Presents: BEST HERBS TO HELP YOUR IMMUNE SYSTEM

THURSDAY, JANUARY 14 • 11AM-12PM

Meeting ID #: 825 1754 2021

Phone Call In #: 1-929-205-6099

SOWN - Supportive Older Women's Network

FRIDAY, JANUARY 15 • 11:30AM-12:30PM

Meeting ID #: 878 0082 0285

Phone Call In #: 1-301-715-8592

Consumer Outreach Presentation: CYBERSECURITY

THURSDAY, JANUARY 28, 1PM

Meeting ID #: 468 521 8428

Phone Call In #: 1-301-715-8592

Coffee Cup Events

(Asian Pacific Resource Center)

ESL ENGLISH CLASSES

MON, WED, THURS & FRI • 9-10:30AM

Level testing and class registration required.

Class size is limited.

TOWNHALL MEETING IN MANDARIN TUESDAYS • 1PM

Meeting ID #: 550 527 7215

EXERCISE PROGRAM IN MANDARIN

by Asian Medical Student Association

MONDAYS • 6PM

Meeting ID #: 948 3132 2765

For Seniors Who Require Short-term Rehabilitation...

CONSIDER GERMANTOWN HOME

Our goal is to get you stronger and provide you with the tools to remain safe in your own home and return to health and well-being as quickly as possible.

Refer today to:

Theresa Dietz

Admissions Director

215-951-7606

tdietz@newcourtland.org

