

Alzheimer's Association February 2021 Webinars



Join us for online programming in February from the comfort and safety of home.

Register today by clicking a [REGISTER](#) link or visiting alz.org/crf.

For information about other Alzheimer's Association programs and services, contact the 24/7 Helpline: 800.272.3900.

Wednesday, February 3 — Dementia Conversations

When someone shows signs of dementia, it's time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program offers tips on how to have honest and caring conversations to address common issues. Topics include going to the doctor, deciding when to stop driving and making legal and financial plans.

10:00-11:30 AM — [REGISTER](#)

Tuesday, February 9 — Healthy Living for Your Brain and Body + Research Update

*Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and tools to incorporate these recommendations into a plan for healthy aging. **Special feature: hear how we are advancing the science and the most up-to-date information about Alzheimer's and dementia research.***

12:00-1:00 PM — [REGISTER](#)

Wednesday, February 10 — Living with Alzheimer's: For Middle Stage Caregivers (Part 1)

In the middle stages of Alzheimer's disease, needs change and care partners become hands-on caregivers. Join us for part one of a three-part-series to hear caregivers and professionals discuss helpful strategies to provide safe, effective and comfortable care in the middle stage of Alzheimer's.

10:00-11:30 AM — [REGISTER](#)

Wednesday, February 17 — Understanding and Responding to Dementia-Related Behavior

Behavior is a powerful form of communication and is one of the primary ways people living with dementia communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common triggers and learn strategies to help manage some of the most common behavioral challenges of Alzheimer's disease.

10:00-11:30 AM — [REGISTER](#)

Thursday, February 18 — Legal and Financial Planning

The diagnosis of Alzheimer's disease makes planning for the future more important than ever. Join us to learn about important legal and financial issues and how to put plans into place.

12:00-1:30 PM — [REGISTER](#)

Wednesday, February 24 — Effective Communication Strategies

Join us to explore how communication changes when someone is living with Alzheimer's, learn how to interpret verbal and behavioral communication, and identify strategies to help you connect and communicate at each stage of the disease.

6:00-7:00 PM — [REGISTER](#)

Alzheimer's Association March 2021 Webinars



Join us for online programming in March from the comfort and safety of home.

Register today by clicking a [REGISTER](#) link or visiting alz.org/crf.

For information about other Alzheimer's Association programs and services, contact the 24/7 Helpline: 800.272.3900.

Wednesday, March 3 — 10 Warning Signs of Alzheimer's

This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources.

10:00—11:00 AM — [REGISTER](#)

Tuesday, March 9 — Dementia Conversations

When someone shows signs of dementia, it's time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program offers tips on how to have honest and caring conversations to address common issues. Topics include going to the doctor, deciding when to stop driving and making legal and financial plans.

12:00—1:00 PM — [REGISTER](#)

Wednesday, March 10 — Living with Alzheimer's: For Middle Stage Caregivers (Part 2)

In the middle stages of Alzheimer's disease, needs change and care partners become hands-on caregivers. Join us for part two of a three-part-series to hear caregivers and professionals discuss helpful strategies to provide safe, effective and comfortable care in the middle stage of Alzheimer's.

10:00—11:30 AM — [REGISTER](#)

Tuesday, March 16 — Understanding and Responding to Dementia-Related Behavior

Behavior is a powerful form of communication and is one of the primary ways people living with dementia communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common triggers and learn strategies to help manage some of the most common behavioral challenges of Alzheimer's disease.

12:00—1:30 PM — [REGISTER](#)

Wednesday, March 17 — Understanding Alzheimer's and Dementia

Attend to learn the basics of Alzheimer's and dementia. Explore what happens in a brain impacted by the disease and understand risk factors and three general disease stages. Learn about FDA-approved medications for treating symptoms, hear about the latest research, and become familiar with Alzheimer's Association resources.

10:00—11:30 AM — [REGISTER](#)

Wednesday, March 24 — Healthy Living for Your Brain and Body

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and tools to incorporate these recommendations into a plan for healthy aging.

6:00—7:00 PM — [REGISTER](#)